ABOVE ALL
GRAND SALON & SPA

Understanding the Types of Chemical Peels for Healthier, Youthful Skin

Introduction

Chemical peels are professional skin-resurfacing treatments designed to improve the texture, tone, and health of your skin. They gently remove damaged skin cells, stimulate new cell growth, and support a brighter, smoother complexion. From treating acne scars and pigmentation to fine lines and sun damage, the **types of chemical peels** available today cater to different skin needs and sensitivity levels. Choosing the right one ensures safe, effective results and naturally glowing skin.

Light Chemical Peels

Light chemical peels work on the skin's surface and are ideal for beginners or regular maintenance. These gentle peels exfoliate the outer layer, boost radiance, and refresh dull complexions without downtime.

Common ingredients:

- Glycolic acid
- Lactic acid

Best for:

- Mild pigmentation

- Uneven tone

Results:
Brighter skin, smoother texture, and refined pores. This option suits sensitive skin and can be repeated regularly for ongoing freshness.

Medium Chemical Peels

Medium peels go deeper into the skin layers to target moderate concerns. They provide noticeable renewal and are recommended for clients seeking stronger corrective results.

Key ingredients:

- TCA (Trichloroacetic Acid)
- Jessner's solution

Best for:

- Acne scarring
- Dark spots and melasma

Results:
Visible peeling, 5–7 days recovery, and noticeably clearer, smoother, younger-looking skin.

Learn More

To explore the full details and benefits of **types of chemical peels**, visit the expert guide here: types of chemical peels

Conclusion

Chemical peels are a trusted, science-based way to renew your skin and enhance natural radiance. With proper guidance and personalized treatment, you can enjoy smoother texture, refined tone, reduced marks, and healthy skin that looks youthful and confident every day.

For more information

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